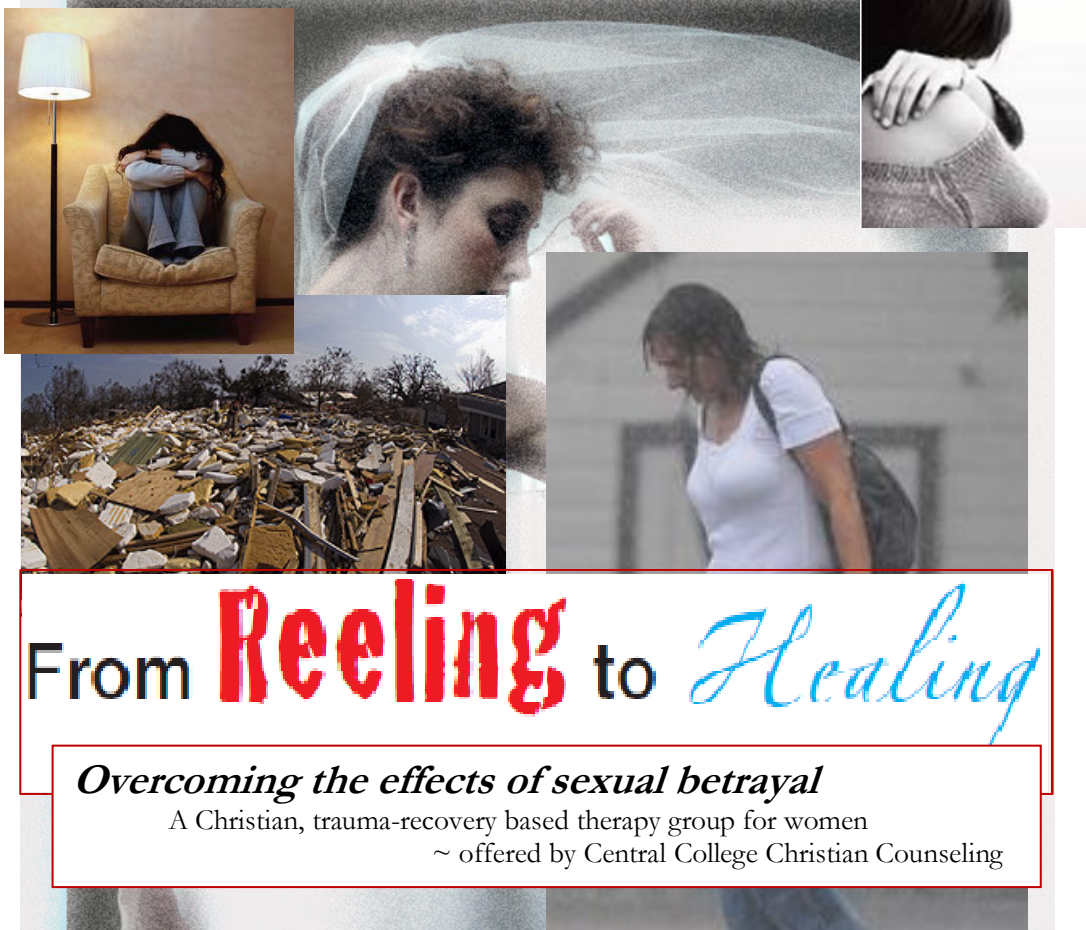


BETRAYAL ~ BETRAYAL ~ BETRAYAL ~ BETRAYAL ~ BETRAYAL ~ BETRAYAL  
INFIDELITY – PORNOGRAPHY – CYBER SEX – CHAT ROOMS – STRIP CLUBS



# From **Reeling** to *Healing*

***Overcoming the effects of sexual betrayal***  
A Christian, trauma-recovery based therapy group for women  
~ offered by Central College Christian Counseling

The devastating effect of **sexual betrayal** on the injured spouse has been shown to parallel the criteria for post-traumatic stress disorder with intense emotions that vacillate between **rage** toward the participating partner and inward feelings of **shame, depression, overwhelming powerlessness, victimization, and abandonment**. This 12-week group is designed to help participants identify and work through the effects of sexual betrayal due to their spouse/boyfriend/ex's affair, pornography addiction, or same-sex attraction. Weekly topics include 'Stage of Healing from Betrayal', 'Grief', 'Where is God?', 'Codependency' and 'Self-Care'. Handouts will be provided and homework will be assigned as part of the healing process. Books used in the group can be found at local libraries or purchased at local bookstores by the participant.

Next session starts Wednesday February 29, 2012

Contact Brenda Smith, MA, PC/CR at 614-865-0513 x190 or [bsmith@ccpc.us](mailto:bsmith@ccpc.us)  
for more information, or to register for this group.

ANGER – GRIEF – TRAUMA – DEPRESSION – ANXIETY – HYPERVIGILANCE  
BETRAYAL ~ BETRAYAL ~ BETRAYAL ~ BETRAYAL ~ BETRAYAL ~ BETRAYAL