

From *Fantasy* to ETERNITY

A Healing
Group for
Men



Sex plays a crucial role in our experience as humans. It is God's gift of deepest intimacy with another person. But when we lose control of our sexual behavior, emotional and psychological devastation can follow quickly behind. Dr. Patrick Carnes defined sex addiction in the early 1980s with his groundbreaking work, *Out of the Shadows*. There he says a sex addict is "someone who uses any sexual activity to alter his or her emotional state and has lost the ability to control this behavior."

Sexual addiction falls into a difficult and poorly defined region of mental health disorders. Resting elusively between impulsive and compulsive behaviors on a self-control continuum, out of control sexual activity leaves the user scrambling to find treatment that brings long-term peace and stability.

This ongoing men's group begins by helping the addict evaluate how their sexual behavior obscures values, hopes, and dreams. Then an understanding of the Process of Change and the Cycle of Addiction prepares individuals for methods to make substantial long-term changes in their life regarding sexual behavior.

Whether you struggle with promiscuity, affairs, pornography addiction, or same-sex encounters, *from Fantasy to Eternity* gives you an eternal perspective for sexual renewal.

This men's group will meet

**Mondays, 7:00–9:00 pm,
until February 29, 2012**

**Wednesdays, 7:00-9:00
pm, starting February 29,
2012**

Sponsored by Central College
Christian Counseling

and offered at

Central College Presbyterian
Church, 975 S. Sunbury Rd,
Westerville 43081

Cost: \$20 per session or \$150
prepaid for 10 sessions.
*Scholarships available.

For more information or to register for this group, contact:

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